

# November Programs & Events

## The Kindness Rocks Project

The Kindness Rocks Project was created to spread kindness with rocks. The idea is to paint and write an inspiration on rocks then place it somewhere outside to brighten someone's day. There is an inspiration garden outside the entrance to the center where you can place your rocks also. We have all the supplies! Come on by during the day in the front lobby to help kindness spread!

## Veterans Recognition Lunch

Thursday, Nov. 9,  
11 a.m.-12:30 p.m.

Join us for a special appreciation lunch and celebration. Registration deadline is Nov. 2  
Course# 1939; Free for veterans and spouses/\$7 for non-veterans

## Give a Tip Get a Tip

Tuesday, Nov. 14, 1-2:15 p.m.  
Tuesday, Nov. 28, 1-2:15 p.m.

TIP:

Always check your grocery receipt for errors at checkout: wrong item, price per pound, code, etc. Why over pay!

## Annual Turkey Trot

Tuesday, Nov. 21, 10-11:30 a.m.

To stay fit during the holiday season, join us for our annual Turkey Trot. Walk a mile through the Woodley Gardens neighborhood. For those participants who would like to burn off some extra calories, join us for a second mile. Please bring a canned food item to support our local food bank, or make a donation to our Program Assistance Fund. Rain or shine. Please register!

Course# 2034; Free

## Save the Dates:

### **Holiday Bazaar**

Saturday, Dec. 2, 9 a.m.-2 p.m.

Craft Sale, Book sale, Plant Sale, Raffle, and more! Transportation is available for Rockville residents, please call 240-314-8810

### **Holiday Delight's Supper Club**

Tuesday, Dec. 5, 5-7 p.m.

Add merriment to your holiday season. Features a catered dinner and festive entertainment guaranteed to get you into the spirit of the season!

Course# 1444  
\$20 members  
\$25 residents

\$28 nonmembers

Register by Nov. 28 unless filled prior.