

See next page for
important information on
Special Dates and Hours



Email Newsletter Sign-up
To add your email address to the
distribution list, visit:
www.rockvillemd.gov/swimcenteralerts

ROCKVILLE SWIM AND FITNESS CENTER

355 Martins Lane • Rockville, MD 20850

<http://www.rockvillemd.gov/swimcenter> • (240) 314-8750

Winter 2020 Recreational Swim and Fitness Center Schedule

POOLS

	<u>North Pool</u> (6 lanes x 25 meters + ramp area)	<u>South Pool</u> (6 lanes x 25 yards)
Monday	6:00 – 8:20 a.m. 11:00 – 2:00 p.m. 5:00 – 9:00 p.m.* <i>*ramp and 1st lane closed until 5:15 pm</i>	7:30 – 9:00 a.m. 12:00 – 3:00 p.m.
Tuesday	6:00 – 8:20 a.m. 11:00 – 4:30 p.m. 6:00 – 9:00 p.m.* <i>*ramp and 1st lane closed until 6:15 pm</i>	7:30 – 11:00 a.m. 12:00 – 2:00 p.m.
Wednesday	6:00 – 8:20 a.m. 11:00 – 2:00 p.m. 5:00 – 9:00 p.m.* <i>*ramp and 1st lane closed until 5:15 pm</i>	7:30 – 9:00 a.m. 12:00 – 3:00 p.m.
Thursday	6:00 – 8:20 a.m. 11:00 – 4:30 p.m. 6:00 – 9:00 p.m.* <i>*ramp and 1st lane closed until 6:15 pm</i>	7:30 – 11:00 a.m. 12:00 – 2:00 p.m.
Friday	6:00 – 8:20 a.m. 11:00 – 3:30 p.m. 5:00 – 9:00 p.m.* <i>*ramp and 1st lane closed until 5:15 pm</i>	7:30 – 9:00 a.m. 12:00 – 2:00 p.m.
Saturday	6:00 – 7:30 a.m. 12:00 – 9:00 p.m.	10:30 – 4:00 p.m.* <i>*2 lanes lap swim ONLY from 10:30 -11:15 am and 4 lanes lap swim ONLY from 11:15 -11:55 am</i>
Sunday	11:00 – 9:00 p.m.* <i>*ramp and 1st lane closed until 12:45pm</i>	1:00 – 4:00 p.m.

RSFC will have regular
operating hours on
Presidents' Day
(Mon. 2/17/20)
All instructional programs are
on as scheduled.

Fitness Room and Spa Hours

Monday through Saturday:

6:00 a.m. – 9:00 p.m. (Spa closes at 7pm on Sat)

Sunday:

9:00 a.m. – 9:00 p.m.

Please note: The spa is closed to all children (17 and under) during swimming lessons.