



Summer 2023 Rockville Rays Swim Team Registration Information

This summer, the Rockville Rays will be competing in Division A of the Montgomery County Swim League (MCSL) along with Flower Valley, Stonegate, Stonebridge, Potomac, and Country Glen.

Our program consists of a series of dual meets divided into two levels of competition. The advanced 'A' meets are limited in the number of competitors per team (meet entries completed by coaches), while the 'B' meets are open to any swimmer not competing in the 'A' meets. We have a full season of Saturday 'A' meets and Wednesday night 'B' meets (dual and intrasquad), so all our swimmers will be guaranteed to have an opportunity to compete in at least one meet each week. Swimmers must be able to swim at least one length of the pool (without stopping) to join the team, as evaluated by the coaches.

VERY IMPORTANT DATES!! These are important dates for the Rays, and we need many volunteers:

- April 1st, Registration opens on rockvillerrays.com
- June 2-4: Concessions sales for the Maryland Long Course Meet (at RSFC). See volunteer info section of this packet for details.
- June 9th, 6:00pm: Parent Orientation Meeting
- **June 10, 8am: Time Trials.** Participation by all families is needed to help run Time Trials. This meet determines our swimmers' initial seed times. We will need all parents to be available to help run the meet. Please note that only swimmers who have registered and paid their fees can participate in the Time Trials.
- July 9th Relay Carnival; (Rain date July 10th)
- July 11th: Concessions sales for MCSL Coaches' Invitational Long Course Meet (at RSFC). See volunteer info section of this packet for details.
- July 22nd Division Champs
- July 29-30 All Star Relay and Individual All Star Meets

Practice Schedule

Rays Practice starts Tues., May 30th, in the South Pool (indoors at Rockville Swim & Fitness Center).

- Tuesday May 30th until June 16th, swim team practice will be from 4pm – 5pm (10 and under) and 4pm – 5:30pm (11 and older) Mon – Fri.
- Monday June 19th until July 21st, swim practice will change to 5pm-6pm (10 and under) and 6pm–7pm (11 and older) on Mon, Tues, and Thurs. Friday practices will be 5pm-6pm (for all swimmers) so our Friday parties can start at 6pm.
 - Beginning on 6/19 for the summer season, families should plan on entering the facility from the outdoor pool's entrance and use the outdoor pool's bathhouse to enter the facility for practices.

Registration & Fees

First, visit <https://rockvillerrays.com> and complete the online registration form. After a successful registration, you will receive a "confirmation email." Please take this email (print-out or phone) to the Rockville Swim and Fitness Center to finalize registration. This includes completing the City of Rockville Registration Form and submitting payments to the City of Rockville AND Rockville Rays

Parents (more details below). Most of our team communication including swim meets sign-ups, and parent volunteer sign-ups are on-line. To allow for team planning, do not delay in registration. **To attend time trials, registration must be completed, and payments submitted by June 7th. Any registration after June 7th will still be accepted until June 9th; however, those individuals won't be able to attend time trials.**

Fees (two fee payments are required):

Payable to the City of Rockville		AND	Payable to Rockville Rays Parents
Member*	Non-Member		\$80 per family
\$145 per swimmer	\$290 per swimmer		

** To take advantage of the special pricing for Rockville Swim and Fitness Center Members, the Rays swimmer must be registered for an active aquatics or full facility membership spanning the entire session of the swim season (25 punch passes are not included).*

See <http://www.rockvillemd.gov/index.aspx?NID=400> for details on membership plans.

The City of Rockville believes that everyone, regardless of income, should be able to participate in its recreation opportunities. To facilitate participation, the department offers financial assistance through programs such as the Recreation Fund and Senior Assistance Fund. **Limited financial assistance is available for Rockville residents, based on income. Please call 240-314-8620 to make an appointment. Additional Information available at: <http://www.rockvillemd.gov/384/Recreation-Financial-Assistance>**

The Swim and Fitness Center also has a Reduced-Price Membership Program (application available at the Front Desk) which may help individuals qualify for a discounted facility membership that entitles them to the member price on the Rays Program.

Transfers to and from the Rays for swimmers who competed on a different MCSL team in the prior season: Transfers to and from the Rays for swimmers who competed on a different MCSL team in the prior (2022) season: MCSL has implemented rules and procedures governing movement of swimmers among teams within the league. If a swimmer participated on a different MCSL team in the previous year, or if for some reason a prior Rays swimmer will be joining a different MCSL team for 2023, be sure to check the league's website at www.mcsl.org for instructions on how to seek approval for a transfer. If MCSL approval is required (see website for details), transfer requests should be submitted by 6/1/2023.

Parent Volunteer Information

Every family on the team is a member of the Rockville Rays Parents group, which exists to support the swim program. This year, volunteering will be required for your child to swim. **If parents do not sign-up for at least three volunteer opportunities after registration, their swimmer will lose the eligibility to be entered in any swim meets.** This includes officiating, timing, clerk of course, and other jobs listed on our sign-up website. The Rockville Rays Parents group also staffs a concession stand during several big swim meets this summer at the Rockville Swim and Fitness Center (Maryland State LC Champs, MCSL Coaches' Long Course, and All Stars), so we need Rays parents

to volunteer to sell concessions. The revenue generated from these activities helps support the Rays (purchase equipment, support team activities, etc.)

MCSL offers free classes (see below and on the <http://www.mcsl.org/Officials.aspx>) for new and recertifying officials. Please seriously consider becoming a Stroke & Turn Official, Referee, or Starter. Parents who are certified as an MCSL Referee or Starter and serve at least three times in B meets will get the Rockville Rays Parents Club fee of \$80 refunded by July 29th.

Officials Clinics (Free)

Register at www.mcsl.org/Officials.aspx, then choose Officials Certification on the left-hand menu.

Date(s)	Time(s)	Training Session	Location
Monday, May 22	7:00 PM	Advanced Referee	Online
Tuesday, May 23	7:00 PM	Recertifying S&T	Online
Wednesday, May 24	7:00 PM	Starter	Online
Thursday, May 25	7:00 PM	Referee	Online
Tuesday, May 30	7:00 PM	Starter	Online
Wednesday, May 31	7:00 PM	Advanced Referee	Online
Thursday, June 1	7:00 PM	First time (new) S&Ts	Online
Sunday, June 4	7:00 PM	Recertifying S&T	Online
Sunday, June 4	8:00 AM	First time (new) S&Ts	Online
Wednesday, June 7	7:00 PM	Starter	Online
Tuesday, June 6	7:00 PM	Referee	Online
Sunday, June 11	8:00 AM	Referee	Online
Sunday, June 11	7:00 PM	First time (new) S&Ts	Online
Monday, June 12	7:00 PM	Recertifying S&T	Online
Tuesday, June 13	7:00 PM	"Last Chance" clinic (new/recertifying S&T)	Online

Team Suit Information

The Rays team swimsuit this year will be a Dolfin brand in nylon (black) with the team logo. Costs are as follows: Boy's (jammer) suit is \$40.00, and the Girl's suit is \$48.50 (pre-tax). Team suits are available for purchase from Cassel's Awards & Engraving (703-435-4666 online at [https://t-shirtpeople.com/rockville rays swim apparel/shop/home](https://t-shirtpeople.com/rockville_rays_swim_apparel/shop/home)). Wearing the team suit is strongly encouraged.

If there are any questions, please feel free to contact Charles Schwieters via email at charles@schwieters.org. For City of Rockville, Department of Recreation and Parks related questions, please contact Dave Greene at 240-314-8755 or dgreene@rockvillemd.gov.

2023 Rockville Rays Calendar

Practices

Tuesday, May 30 th	Practice Begins & Registration Due	
Tuesday, May 30 - Friday, June 16	10-year-old and under: Mon - Fri 4:00 PM-5:00 PM 11-year-old and over: Mon - Fri 4:00 PM-5:30 PM	South Pool (Indoor Entrance)
Monday, June 19 - Friday, July 21	10-year-old and under: Monday, Tuesday, Thursday 5:00 PM-6:00 PM 11-year-old and over: Monday, Tuesday, Thursday 6:00 PM-7:00 PM All ages: Friday 5:00 PM-6:00 PM	South Pool (Outdoor Entrance)

Meets & Events

Meet times and locations are subject to change. Any changes will be sent through email using the email address provided during online registration.

Date(s)	Time(s)	Event	Location
Saturday, June 10	8:00 AM	Rays Time Trials	Rockville Fitness Pool
Wednesday, June 14	4:00 – 5:30 PM	0B Meet: Time Trial Make-up	Rockville South Pool
Saturday, June 17	9:00 AM	A Meet: Rays vs. Flower Valley	Rockville Fitness Pool
Wednesday, June 21	5:30 PM – 7:00 PM	1B Meet: Intrasquad	Rockville South Pool
Saturday, June 24	9:00 AM	A Meet: Rays at Country Glen	Country Glen Pool
Wednesday, June 28	5:30 PM	2B Meet: Rays at Bethesda	Bethesda Outdoor Pool
Saturday, July 1	9:00 AM	A Meet: Rays vs. Stonegate	Rockville Fitness Pool
Wednesday, July 5	5:30 PM	3B Meet: Rays at King Farm	King Farm Pool
Saturday, July 8	9:00 AM	A Meet: Rays at Potomac	Potomac Pool
Sunday, July 9	9:00 AM	Relay Carnival	Country Glen Pool
Tuesday, July 11	6:00 PM	Coaches Long Course Meet	Rockville Fitness Pool
Wednesday, July 12	5:30 PM	4B Meet: Intrasquad	Rockville South Pool
Saturday, July 15	9:00 AM	A Meet: Rays vs. Stonebridge	Rockville Fitness Pool
Wednesday, July 19	5:30 PM	5B Meet: Bannockburn	Rockville Fitness Pool
Saturday, July 22	8:00 AM	Divisional Meet	Stonegate Pool
Saturday, July 29	7:00 AM	Relay All-Star Meet	Rockville Fitness Pool
Sunday, July 30	8:00 AM	Individual All-Star Meet	Rockville Fitness Pool



Office Use Only:
Course # 28389
Date Processed: _____
Initials: _____

ROCKVILLE RAYS SWIM TEAM REGISTRATION FORM – 2023

First - Please visit the Rays website (<https://www.rockvillerays.com/>) to complete the Team Membership Form.

Documentation of Online Sign-Up will be required before payment is accepted at the Swim and Fitness Center to finalize registration for the team. The **REGISTRATION FEE** of \$80.00 per family is payable by **check only** to: "ROCKVILLE RAYS PARENTS".

The **PROGRAM FEE** paid by cash, check (payable to City of Rockville) or credit card **at the Swim and Fitness Center Front Desk is \$145.00 for Swim and Fitness Center members, \$290.00 for non-members.** Note that membership must be valid for the swimmer, for the length of the Rays program. Registrations can also be submitted via mail to RSFC / Rays Registration, 355 Martins Lane, Rockville MD 20850. For mail-in registrations, be sure to include both check payments and documentation (print out) of your online Rays Team Membership Form submission.

PARENT / GUARDIANS' NAMES _____
Last First MI.

_____ Last First MI.
ADDRESS _____ **CITY** _____ **STATE** _____ **ZIP** _____

Home Phone # _____ Parent 1 Cell # _____ Parent 1 Cell # _____

Email (very important):

SWIMMERS:

_____ M / F DOB _____
 LAST FIRST MI.
 _____ M / F DOB _____
 LAST FIRST MI.
 _____ M / F DOB _____
 LAST FIRST MI.

Note for Swimmers transferring from other MCSL teams: If a swimmer had participated on a different MCSL team last year, check the league's website at www.mcsl.org for instructions on how to seek approval for a transfer. If MCSL approval is required (see website for details), transfer requests must have been submitted by 6/1/23.

RELEASE, WAIVER, ASSUMPTION OF RISK AND CONSENT:

Participation in the program may be a hazardous activity. Participant should not participate in the program unless participant is in good physical shape and is medically able. Participant (or parent or guardian on behalf of a minor child participant) assumes all risks associated with participation in this program, including but not limited to, those generally associated with this type of program, the hazards of traveling on public roads, of accidents, of illness, and of the forces of nature. In consideration of the right to participate in the program and in further consideration of the arrangement made for the participant by the Mayor and Council of Rockville through its Department of Recreation and Parks for food, travel, and recreation, the participant, his or her heirs, and executors, or a parent or guardian on behalf of a minor child participant, agrees to release and indemnify the Mayor and Council of the City of Rockville and all of its agents, officers and employees, from any and all claims for injuries or loss of any person or property which may arise out of or result from participation in the program. The participant (or the parent or guardian on behalf of a minor child participant) grants permission for a doctor or emergency medical technician to administer emergency treatment of the participant and consents to the City's use of photographs taken or videotapes made of the program that include the participant. Neither the instructor nor any of the staff are responsible for participants prior to or after the scheduled program. By my participation in a City of Rockville, Department of Recreation and Parks program and/or entering this facility, I agree to follow all posted and/or published rules and staff member's instructions. Violation may result in removal from the program and/or suspension from the facility.

Signature of Participant/Guardian (if participant is under 18) _____ **Date** _____